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Post-Sedation Instructions

1. A responsible adult must accompany the patient home. Sensory imbalance should be expected following the sedation appointment, and the patient must be supported while ambulatory.
2. **Keep patient hydrated.** Patient should have clear liquids every 1 ½-2 hours to keep patient fully hydrated and help prevent nausea.
3. Following dental office dismissal, mild sleepiness may persist for several hours, and the patient should be encouraged to go to bed and sleep.
4. The patient should be cautioned against sitting up or standing erect suddenly after a rest period at home; as this may lead to transient dizzy spells.
5. **The patient is not to engage in any activity that requires sensory or motor coordination for 24 hours following the sedation appointment.** Driving a car, operating power tools, or making important decisions are not to be done during this period.
6. **The patient should not consume any alcoholic beverages for 24 hours following the dental appointment.**
7. Nausea may develop if patient is ambulatory too soon or frequently. Patient should lie quietly in a comfortable place.
8. Take post operative medication only as instructed by your dentist.
9. Any unusual event such as extreme pain or swelling, any rash, prolonged sleeping, fainting episodes, marked vomiting, or bizarre dreams should be reported to our office.